

## Pregnancy Maintenance Initiative (PMI) 2017-2018

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Barton County Health Department

Period: 07/01/2017 - 06/30/2018

Filter(s): Barton County Health Department;

### Grouping A - Administration and Management

**Goal: A.1 - Capacity building and accountability**

**Start Date:**

**End Date:**

**Attach proof of Non-Profit Status (501(c)(3))**

**Did you attach your Non-Profit Status (501(c)(3))?:** No

**List your PMI Program staff names, positions and email addresses (Note the staff member who is the Primary Point of Contact):** Krysten Watkins, LMSW Social Worker kwatkins@bartoncounty.org Primary Contact  
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Flor Sanchez Breastfeeding Peer Counselor, vsanchez@bartoncounty.org

**Attach an Agency Organizational Chart**

**Did you attach an Agency Organizational Chart that clearly identifies where the PMI section falls within the agency and the staff associated?:** Yes

**Strategy: A.1.1 - Build internal capacity****Start Date:****End Date:**

**Summarize your staff management plan to include verification of staff licensure, documentation of mandated training, performance appraisal process and professional development plan.:** All professional staff hired at Barton County Health Department (BCHD) is contingent on passing a background check, validating their credentials, urine drug screen, and a Work Fit Test. This is handled in the HR Department for the County. Each credentialed position that BCHD advertises for also has credentials mentioned in application as well as the job description, if said position warrants the credentials.

Staff Orientation:

We take great pride in our staff orientation. Specific orientation to the specific job description is handled by either the outgoing employee or the orientation team which consists of the team affiliated with each program. Newly hired staff is not independent in their performance until adequate training and demonstrated understanding has been documented.

Performance Appraisal Process:

In November, Department heads in the County Structure are required to evaluate each employee in their department. This is a lengthy process which allows the employees the ability to provide feedback to their supervisors.

Professional Development Plan:

Employees are strongly encouraged to seek out continuing education and any additional education opportunities that each program offers. It is our goal to ensure that we are up to date with evidence based research to apply to our program. We want each employee to feel that they are valued and trusted for the services they perform.

**Requirement: A.1.1.1 - Attend annual meeting/training provided by KDHE****Start Date:****End Date:****Requirement: A.1.1.2 - Provide orientation and training of new staff****Start Date:****End Date:**

**Describe your process for orienting and training staff new to the PMI program.:** The process for orienting and training staff new to the PMI program is to refer them to the PMI Management Manual 2017. Additional training will be included by introducing the PMI forms, available resources in the community for clients, as well as data entry to be completed in DAISEY to staff new to the PMI program. More importantly, staff will understand the importance of the PMI program in that it provides pregnant women comprehensive, individualized, and intensive case management by empowering this population in accomplishing their goals.

**Requirement: A.1.1.3 - Develop a method for recruiting selecting, and training staff****Start Date:****End Date:****Strategy: A.1.2 - Communicate and coordinate local work with State staff****Start Date:****End Date:****Requirement: A.1.2.1 - Submit Financial Status Report and Client Demographic Summary quarterly****Start Date:****End Date:****Requirement: A.1.2.2 - Submit Quarterly Progress Report****Start Date:****End Date:****Requirement: A.1.2.3 - Participate in site visits and technical assistance calls as requested by the State****Start Date:****End Date:**

**Goal: A.2 - Program evaluation****Start Date:****End Date:****Strategy: A.2.1 - Develop a program evaluation process to ensure services are provided as proposed****Start Date:****End Date:**

**Summarize your program evaluation methods to include how you will expand services to meet community needs.:** BCHD will utilize satisfaction surveys and their results to insure we are meeting the needs of the clients and use their input for improving our services. Grant money will allow us to have in depth support, frequency of support, and education for the pregnancy population. We will also utilize the technology that this population is comfortable with to communicate, and if this is not available to them, will assist them in finding the means to have this readily available to them. We will introduce and integrate PMI into our Community Partnership meeting so that our partners will be able to refer to our program. We will continue current partnerships and attempt to build new partnerships based on the community's needs. BCHD will also follow the guidance of our Health Advisory Board to allow us a sounding board for new ideas and services. Our meetings are held monthly with formal agenda and minutes retained.

**Requirement: A.2.1.1 - Develop and use a client satisfaction survey****Start Date:****End Date:****Attach a Client Satisfaction Survey in the attachment section above****Did you attach a Client Satisfaction Survey?:** Yes**Requirement: A.2.1.2 - Develop and maintain program policies and procedures that are based on program standards and guidelines.****Start Date:****End Date:****Strategy: A.2.2 - Create and maintain a functioning advisory group.****Start Date:****End Date:**

**Describe your PMI Advisory Group membership and frequency of meetings.:** The Barton County Advisory Committee currently provides community insight into the PMI program, however, we would like to develop a PMI advisory board will be held quarterly and made up of former PMI clients and professional staff. The advisory board will utilize their time by discussing how to improve the current program to make it more efficient and effective. Former PMI clients will be most helpful by telling PMI staff what worked for them and what didn't work while they were in the program. PMI staff will provide former PMI clients to reveal any needed changes to the program. PMI clients will be an asset to the advisory board as they can assist PMI staff with any current challenges involving the program. The advisory board will in turn be beneficial to the former PMI clients in that they will have a chance to experience empowerment by advocating change to the PMI program.

**Requirement: A.2.2.1 - Composition of the advisory group will reflect the community (race, ethnicity, SES)****Start Date:****End Date:****Requirement: A.2.2.2 - Regular meetings will be held and minutes of the meeting kept****Start Date:****End Date:****Grouping B - Data and Information**

**Goal: B.1 - Measure program impact****Start Date:****End Date:**

**Describe your program goals, objectives and outcome measures.:** Program goals for Barton County are to assist pregnant women in receiving access to affordable prenatal care. In regards to the KDHE Adequacy of Prenatal Care Utilization Index Kansas, 2015 there were 362 live births in Barton County. Studying the percentages of women who received prenatal care in Barton County, the data listed as 51.9% received ADEQUATE PLUS prenatal care; 34.8% received ADEQUATE prenatal care; 4.1 received INTERMEDIATE prenatal care and 9.1% INADEQUATE prenatal care. Unfortunately, Barton County's percentage of ADEQUATE prenatal care was lower than the state percentage of 54.4% ADEQUATE prenatal care (Barton County 34.8%). The PMI Case manager will strive to identify prenatal care for pregnant women, as well as follow-up with the client to identify any concerns or questions regarding prenatal care.

Another program goal for Barton County is to provide additional support and education during pregnancy and after the infant is born to prevent infant deaths. According to the Kansas Department of Health and Environment (KDHE) Selected Special Statistics; Stillbirths and Infant Deaths Report of Kansas 2015, Barton County is ranked third for highest reliable county for infant mortality rates. Barton County reported having 8.2 infant deaths per 1,000 live births during the years of 2011-2015. Additionally, between the years of 2011 and 2015, Barton County experienced having TEN Hebdomadal deaths (under 7 days), TWELVE Neonatal deaths (under 28 days), THREE Post-Neonatal deaths (28-364 days) and FIFTEEN Total Infant deaths (under one year). The PMI Case Manager will support pregnant women in obtaining prenatal and postpartum education and support to achieve a healthy outcome for baby and mom.

Finally, a program goal of Barton County Health Department is to reduce adolescent and teenage pregnancies in the county. Here at Barton County Health Department our staff is aware and concerned of the high rates in our county of adolescent and teenage females becoming pregnant. According to the KDHE Adolescent and Teenage Pregnancy Report Kansas, 2015; Barton County females ages 10-19 had a pregnancy rate of 18.5 as where as Kansas's rate was 14.8. Additionally, females ages 15-19 during the years 2011-2015 had a rate in Barton County of 43.0 where as Kansas's rate is 35.0. Looking at females ages 10-17 during the years of 2011-2015, Barton County five year rate was 6.9 where as Kansas's rate was 5.8. Continuing on and studying females ages 15-17 during the years of 2011-2015, Barton County 5 year rate was 17.4 where as Kansas's rate was 17.6. These rates turned out as no different than the states due to the drop in rates during the years of 2014 and 2015. However, during the years of 2011-2013, Barton County's pregnant rate was significantly higher than the states rate for females ages 15-17. Females ages 18-19 during the year of 2015, Barton County's rate was 79.1 where as Kansas's rate was 55.9. In conclusion, during the years 2011-2015 Barton County's pregnancy rate was statistically above the state rate. Barton County is aware that adolescent and teenage pregnancy is a substantial burden on society. According to the Centers for Disease Control and Prevention (CDC), adolescent and teenage pregnancy is a "winnable battle." Barton County Health Department agrees with the CDC in regards to adolescent and teenage pregnancy. Barton County Health Department continues to strive daily to assist the young women in obtaining affordable family planning. We are collaborating with many community partners to ensure the knowledge of PMI is developed as well as a "Community Wide" prevention approach be initiated. The PMI Case Manager will continue to educate the young moms of preventing closely spaced pregnancies as well as to aid the young mother in stabilizing her and her infants lives. At Barton County Health Department we understand adolescents and teenagers who become pregnant have an increase probability of incarceration, foster care, health care/health problems, school drop-out, and face unemployment. In regards to the young pregnant women, the infant most likely will grow up in poverty and reside in a single-parent family, having low attachment, and will perform poorly in school. More education for the young women and education regarding parenting and goals will help end the continued cycle of teenage pregnancy.

**Strategy: B.1.1 - Develop an evaluation tool to measure program effectiveness**

**Start Date:**

**End Date:**

**How will you measure effectiveness of services, interventions and referral networks?:** Effectiveness of services, interventions, and referral networks will be measured by our satisfaction surveys, the amount of referrals to our programs, and participation by the pregnancy population. We plan to track our referral sources to ensure we are saturating the community with awareness. We will offer this program to our pregnant population when they come for their M&I/WIC appointments. We also want to be a resource for these women to help them make educated decisions about the choices they have with their pregnancies. WE WILL NOT at any time offer abortion education or services to our clients. We will provide an opportunity to assist the pregnant mom in her referrals and assure her that she is not alone and does not have to feel she has limited options.

**How will you ensure services provided are those needed by clients?:** Professional judgment will be use by the Social Worker and the Registered Nurse. Barton County Health Department (BCHD) also plans to seek input from our Community Partnerships as well as soliciting input from our pregnant population as a measurement. We will also stay in contact with our area providers to see if there is any need that is not being met in our community. Constant re-evaluation of our programs are always a high priority for BCHD. Again we will utilize our client satisfaction survey.

**Describe your plan for collecting and entering client information into DAISEY (KDHE approved data system), including who will collect the information, how it will be collected and when it will be entered. If you also enter client data in another system, include the name of the system (Insight, Nightingale Notes, etc.):** The Social Worker will enter client information into DAISEY. The PMI client will complete an Intake and Needs Assessment, Life Domains Goals Planning form, Client Goal Tracking form, Edinburgh Assessment, and Client Satisfaction Survey to collect important and valuable information for the program.

**Attach a current DAISEY Terms of Use Agreement signed by your agency for FY 2018 (electronic or handwritten signatures are acceptable).**

**Did you attach a signed DAISEY Terms of Use Agreement for FY 2018?:** Yes

**Requirement: B.1.1.1 - Gather and use data to plan and evaluate interventions and referral networks**

**Start Date:**

**End Date:**

**Requirement: B.1.1.2 - Gather and use data to assess program impact**

**Start Date:**

**End Date:**

## Grouping D - Interventions to Improve Public Health

**Goal: D.1 - Provide services to enable pregnant women to carry their pregnancies to term**

**Start Date:**

**End Date:**

**Describe services to be provided to pregnant women that will enable them to carry their pregnancies to term. Note the strategies and curriculums used and note whether or not they are evidence-based.:** Barton County Health Department (BCHD) will offer regularly scheduled appointments, educational workshop opportunities, support groups, and on-call services for our pregnant population regardless of the ability to pay. Our Policy and Procedure manual (based on the PMI Manual) will be available to all staff to ensure that the PMI services are implemented according to guidelines. We will emphasize the life skills necessary to make sure these soon to be moms have the tools needed to provide for their new family. We will provide one on one contact with the program professionals as well as group education opportunities. Education will play a pivotal role in this program. Adoption services and pregnancy education will be available as part of the program concept. We will also work closely with them to teach goal setting skills and goal obtainment skills. We will saturate our community with awareness of the program. In small counties like Barton, word of mouth is a very valuable marketing tool. We continue to strive to become a Becoming a Mom provider and are ready to embed that curriculum into our Department.

**Estimate the total number of clients to be served during the grant period.:** 50

**Estimate the number of new enrollees to be served during the grant period:** 50

**Select all counties to be served below**

**County:** Barton

**Strategy: D.1.1** - Assure that no individuals unable to pay will be denied pregnancy maintenance services

**Start Date:**

**End Date:**

**Requirement: D.1.1.1** - Have on file written protocols that clearly outline how the local pregnancy maintenance services are to be implemented

**Start Date:**

**End Date:**

**Strategy: D.1.2** - Adoption services and pregnancy education will be part of the program

**Start Date:**

**End Date:**

**Describe the adoption services and pregnancy education to be provided as part of the program.:** Barton County Health Department (BCHD) will refer those pregnant women wishing to explore the idea of adoption to Catholic Charities if they choose. If needed, adoption will always be offered as an option and for those interested, will be referred to the agencies that are applicable. Pregnancy education will be provided from entry to exit of this program. We believe strongly in the ability to give women the tools they need to succeed., and education will be a key component of our program. The PMI case manager will network with adoption counselors as well as refer to a written plan for providing adequate resources and referrals.

**Requirement: D.1.2.1** - Case managers to attend adoption training class

**Start Date:**

**End Date:**

**Requirement: D.1.2.2** - Provide plan for providing adoption as an option

**Start Date:**

**End Date:**

**Requirement: D.1.2.3** - Provide adequate resources and referrals

**Start Date:**

**End Date:**

**Goal: D.2** - The program shall not perform, promote or refer for education in favor of abortion.

**Start Date:**

**End Date:**

**Can you provide assurances that the program will not perform, promote or refer for education in favor of abortion?:** Yes

**Strategy: D.2.1** - Provide assurances

**Start Date:**

**End Date:**

## Grouping E - Communications and Promotions

**Goal: E.1** - Increase public awareness of services and generate buy in

**Start Date:**

**End Date:**

**Strategy: E.1.1 - Promote services to community****Start Date:****End Date:**

**How will you promote your Pregnancy Maintenance Initiative (PMI) services to the community?:** Barton County Health Department (BCHD) will promote PMI services to the community by notifying healthcare providers, WIC, and many other community partners of PMI Services at BCHD. PMI Case Manager will promote family and discuss healthy relationships as well as provide self-esteem building so that the pregnant women and post-delivery women feel more confident and ready to participate in the work force as well as continue to be a productive citizen of society. The PMI client will be able to set her own goals and the method in which to obtain the chosen goals. We will also be acutely aware of postpartum depression and make appropriate referrals as needed.

**Strategy: E.1.2 - Planned outreach activities****Start Date:****End Date:**

**What are your planned outreach activities?:** The PMI Case Manager will continue to educate Central Kansas Partnership members of PMI and will keep members current with any changes made to PMI. Additionally, the PMI Case Manager will network with other agencies in the community that offer services to pregnant women to inform them of PMI. We have, in the past, offered discussions with the Parents as Teachers multi-lingual program about our services as well in hopes to reach more of the Hispanic population in our community. We will continue to use social media as a means to reach the younger population. We will also continue to use our digital sign to offer phone numbers to contact with questions.

**Strategy: E.1.3 - Target and recruit clients****Start Date:****End Date:****Grouping F - Partnerships****Goal: F.1 - Collaborative partnerships with community providers****Start Date:****End Date:****Strategy: F.1.1 - Build and maintain local partnerships****Start Date:****End Date:****Requirement: F.1.1.1 - Develop and maintain collaborative partnerships with community providers of related services****Start Date:****End Date:**

**Identify your key partners including community-based health, social service providers, and Maternal and Child Health (MCH). Describe how you collaborate to ensure needed services are provided.:** Mental Health Center (Mental Health/postpartum depression/trauma), Schools (to stay in school or an alternative and to assist with the betterment of the pregnant woman), Sunflower Early Education (Early Child Development), Area Primary Care Providers (prenatal care/pediatrician), Heart of Kansas (Medical Care/dental care/medical card coverage/mental health), Health Department (M&I, Immunizations, Educational Opportunities, Family Planning, etc.), Family Crisis Center and the Child Advocacy Center (Housing assistance, legal assistance, or other services as needed), Birthright (baby items), WIC (educational information and assistance with food, breastfeeding support), Barton County Food Bank (assistance with food), the Dream Center (assistance with housing and urgent housing), DCF (legal support/food stamps/child care assistance), Various Faith Based Organizations, Kan-Quit, Employment agencies, Juvenile Services, Drug/Alcohol agencies, Emergency Aid (Utility help), HUD Housing, Day cares, Preschools, Story hours, Parents as Teachers, Goodwill, Salvation Army, La Leche League, General Transportation.

BCHD plans to request that the PMI client complete the Adverse Childhood Experience (ACE) assessment. In having PMI clients complete this assessment, BCHD can become a trauma informed systems of care. PMI staff will assist the client in connecting them to the appropriate referral or referrals as needed.

**Requirement: F.1.1.2 - Develop referral sources for related services**

**Start Date:**

**End Date:**

**Requirement: F.1.1.3 - Track referrals made and outcomes of those referrals**

**Start Date:**

**End Date:**

**When referring for services outside the program, what are the processes for initiating referrals and for follow-up after referral to ensure clients engage in the services?:** With a release of information from the PMI client, Barton County Health Department completes a referral form to refer certain services for the client. The referral form is then faxed to that referring agency. PMI staff follow-up with the client to find if the client followed through with services referred. At times, PMI staff have contacted the referral agency to know if the client followed up with the agency. If the PMI client does not qualify for services referred, PMI staff will continue to assist the client in finding needed services or a resource to help client in obtaining needed services